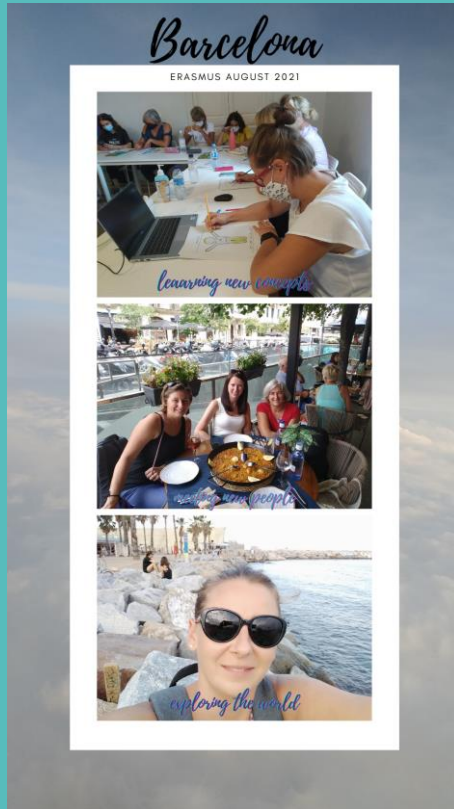


SoCiAl & Emotional Learning



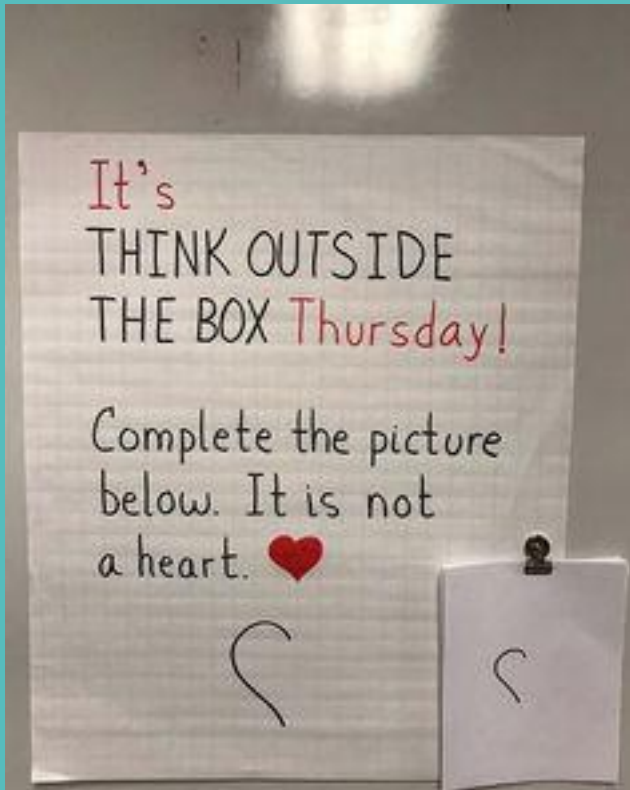
Meet your lecturer ☺



„When educating the minds of our youth, we must not forget to educate their hearts.“

DALAI LAMA

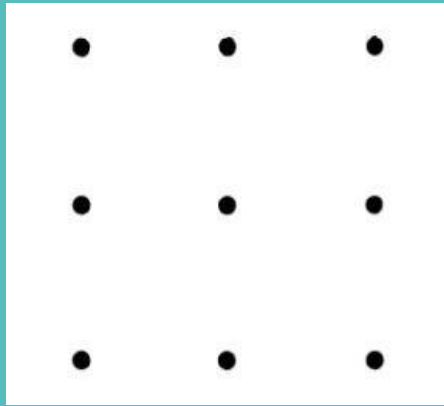
Think outside of box



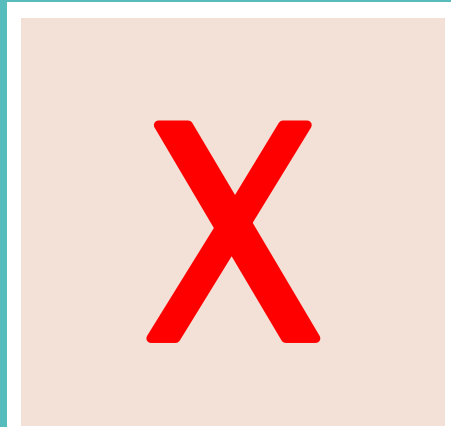
is a metaphor that means to
DIFFERENTLY,
unconventionally, or
from a new perspective.



A small example...

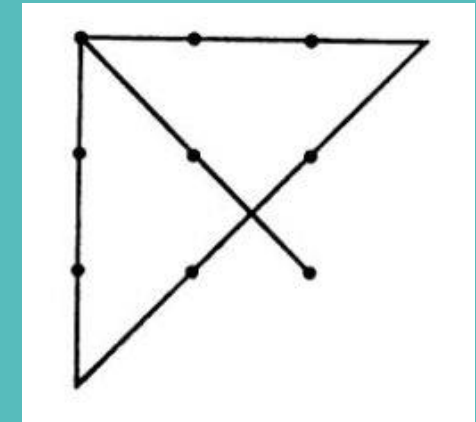


If you're asked to pick up a pencil and try to touch every dot using 4 straight lines only...



...you would do it this way.

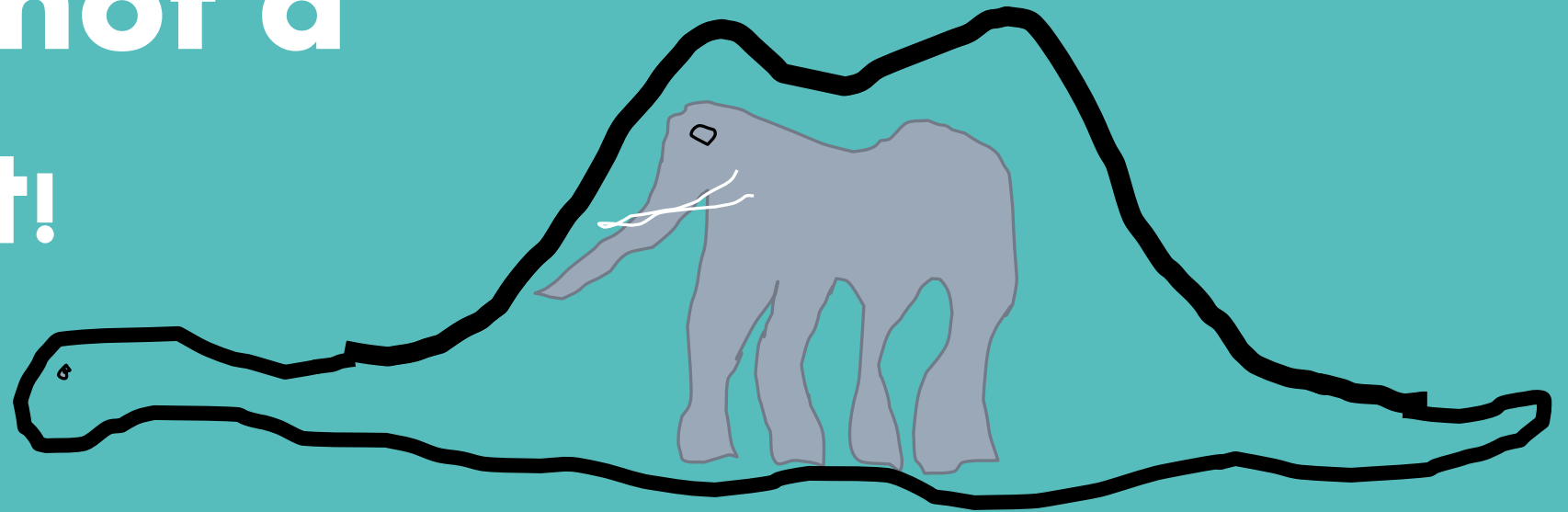
Our configuration is in the shape of box and we are conditioned to think this way.



This is the answer.

Let's try it!

**This is not a
hat!**



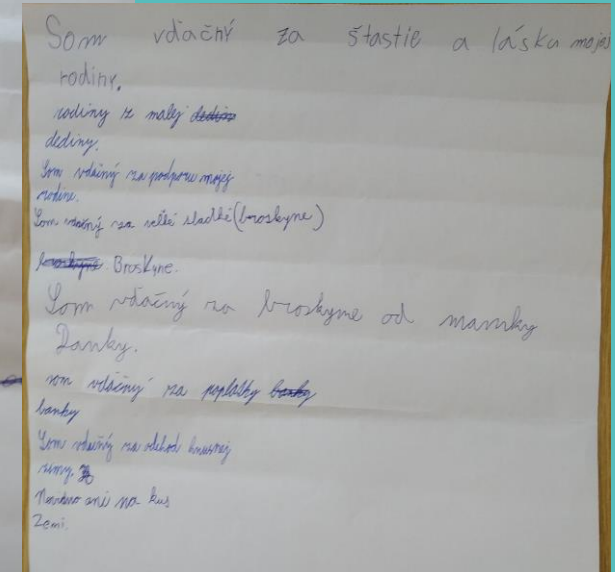
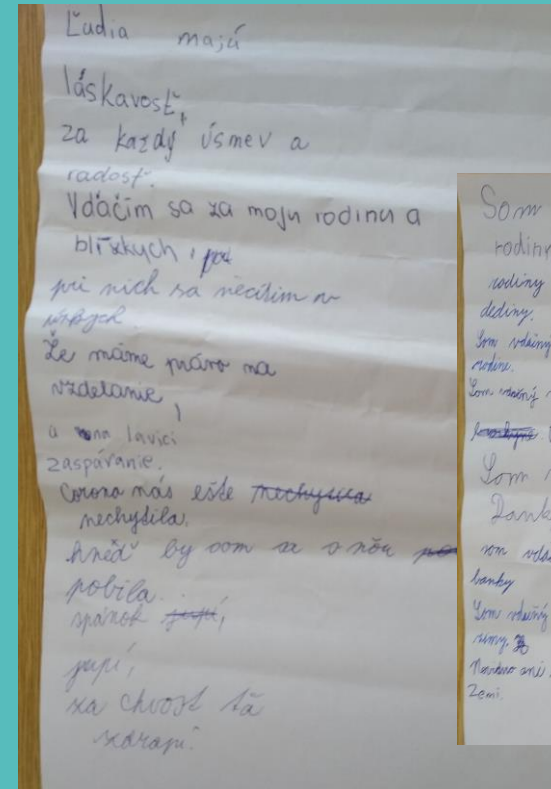
*„A seed of kindness can
go further than you think.“*

ANONYMOUS

Slovak literature in the class 7.B

Activity: Poems on Thankfulness

- Divide your student into groups of four
- Tell them they are going to write a poem about what they are thankful for
- Every member of the group writes one line into a strophe
- First student writes one line, then three others, they try to use different types of rhymes
- They read the poems after the activity is done



Thankfulness

Building self-esteem



Enhancing creativity



Cooperation

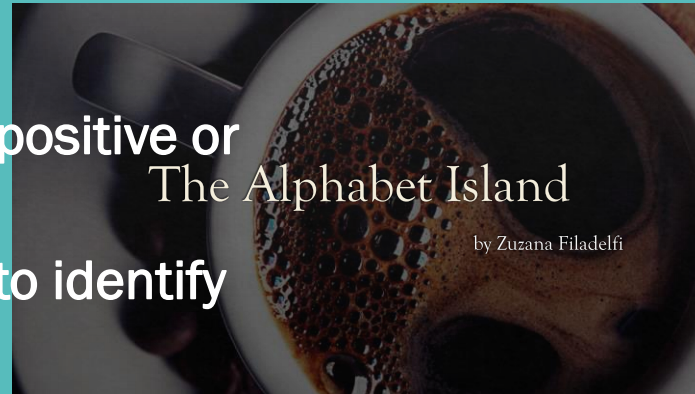
Teamwork



English lesson in the class 9.B

Self-awareness

- ❖ Crossword – warm up
- ❖ Brainstorming adjectives, positive or negative, sort them
- ❖ Calming down and trying to identify my nature
- ❖ Alphabet Island – speaking activity
- ❖ Being self-aware of my weaknesses and strong points
- ❖ Identifying with my self



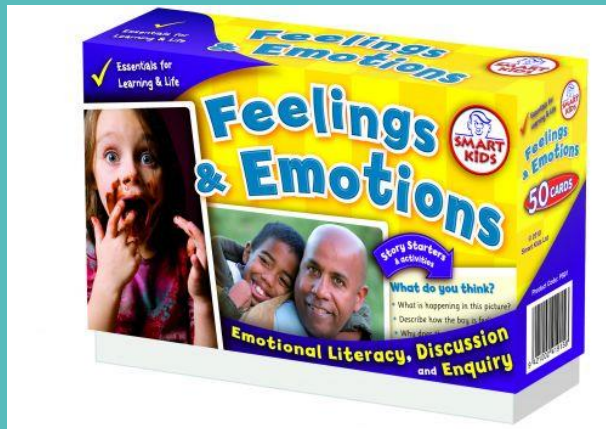
Emotions

What are the five basic emotions according to Ekman?



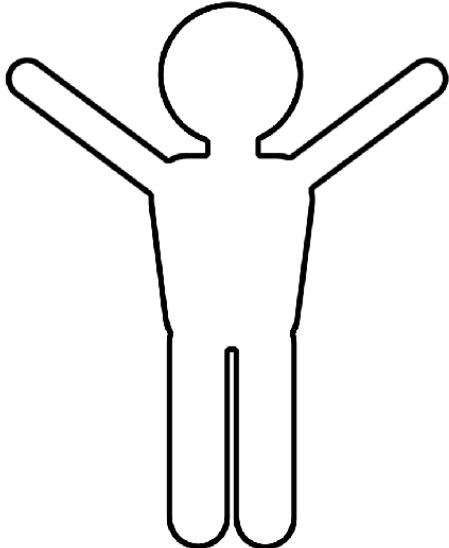
Being conscious of what I feel...

- ❖ The importance of being aware of my emotions
- ❖ Knowing to show where and what I feel
- ❖ Being prepared for the emotional storm
- ❖ Knowing to name the emotions
- ❖ There are many more...



Where Do I Feel?

We can recognize emotions by feeling them in our body. Color in where you feel each emotion.



Sadness Happiness Fear Anger Love

Color:

© 2012 Therapist Aid LLC Provided by TherapistAid.com

Let's play **Kahoot!**

...and try what
you've learned 😊



My sources



Therapist Aid 
interactive tools

Kahoot!



Pinterest